



Twin Peaks



2016 Season Report

Prepared By: Hugh Mungus

Twin Peaks I.A. Fire Crew

State of Utah ♦ Division of Forestry, Fire, and State Lands

271 West Bitterbrush Lane ♦ Draper, UT 84020

FIRE SEASON OVERVIEW

FITNESS PROGRAM

Twin Peaks prides itself on its challenging fitness program. The leadership sets the bar very high for crew members, knowing that fitness is the keystone to functioning at a high level on the crew. In week one, also known as "Hell Week" the crew is pushed to their limits. This year on day one we did the pack test which consists of carrying 45lb weighted vest 3 miles in under 45 minutes and upon completion crew members discard the vests and run 3 miles. After completion of the run the crew is tested on their upper body (i.e., pushups, pull ups, dips and sit ups). The rest of the week only gets harder from there. This year we also incorporated a simulated fire scenario in the West Desert of Utah. The crew constructed hand line, saw line, hiked and did many other training scenarios for a full shift.

RULE ONE: No matter what you do, look good doing it!

2016 SEASON BEGINS

The 2016 season started with a preposition order to Mesa Arizona. Out of the 14 days in which the crew was assigned we hit only one incident, the Bagley fire. The Bagley was an 8 acre fire in grass and brush and although the crew was utilized for only one shift, it was a good shift at that. 120 degree days and low RH.



The remainder of the tour was spent filling the days with PT and training opportunities that were available while staging.

THE BADGER FIRE



The Badger fire

THE BUCK FIRE



2016 TWIN PEAKS HANDCREW

Crew Photo Mesa Arizona



TWIN PEAKS 2016 CREW

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2016 Season Data

Breakdown of the crew's time on fire, project, and time on call.

Breakdown of fire complexity management level the crew was assigned.